

GRILL MARKET LOMAX

Bringing healthy food fresh from the grill to Chelsea

FOR IMMEDIATE RELEASE

An exciting new addition to the healthy hub that is Lomax Chelsea, the Lomax team are thrilled to announce the opening of the second Grill Market site on the ground floor of their flagship location.

Working in close collaboration with the nutrition team at Lomax, the Grill Market chefs have designed a menu with a decidedly fitness focus to satisfy gym-goers and Chelsea locals alike. Be it optimal nutrition, weight loss or muscle gain, Grill Market provide meals with the perfect balance of protein, healthy fats and complex carbohydrates to help clients achieve their health and fitness goals.

In keeping with the traditional delis of New York, Grill Market Lomax will bring an incredible range of hot freshly cooked food with an emphasis on provenance and sustainability – the very best of what British farmers have to offer. The food at Grill Market Lomax centers around the grill, where a variety of meat and vegetarian dishes are cooked off and served in generous boxes, full of freshly prepared salads made from seasonal produce. On top of this they will also be hosting weekly specials, seasonal soups and stews. Grill Market Lomax also serves fantastic, healthy breakfasts, seriously good Caravan coffee and their own unbeatable baking – free from gluten, dairy and refined sugar wherever possible!

With a strictly no membership policy, the entire Lomax space is accessible to the general public, making it *the* place in Chelsea to workout, relax and now – with the arrival of Grill Market – catch up with friends over fabulously fresh food. Healthy eating and exercise walk hand in hand; this collaboration draws on the best of both to offer up something entirely new for 2015.

Lomax and Grill Market will be hosting a Press Launch on Saturday 7th February from 9am – 2pm. Come along for a complimentary class followed by a healthy brunch fresh from the grill.



– Ends –

For additional information, contact Erin Lock Lee at Lomax on 0871 512 0770 or erin@lomaxpt.com or Tom Gurney at Grill Market on 07775 432620.

Notes to Editors:

1. Grill Market has just opened at Lomax, 293 Fulham Road, London SW10 9PZ
2. Come to the Press Launch on Saturday 7th February from 9am – 2pm for a class and healthy brunch